

Shelter at Home set

※The items in blue text differ from the belongings during evacuation.

Food and drinking drinkable water

- Drinkable water (3 L/day × 10 days' worth)
- Food (10 days' worth of everyday ingredients)
- Water tank



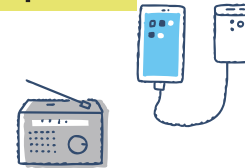
Valuables

- Cash



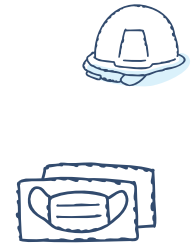
Communications equipment

- Walkie-talkie
- Portable battery
- Portable radio and light



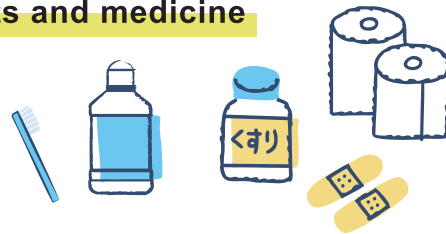
Clothing items

- Disposable plastic gloves
- Helmet
- Surgical masks
- Super water-repellent outdoor wear



Hygiene products and medicine

- | | |
|---|---|
| <input type="checkbox"/> Painkillers | <input type="checkbox"/> Deodorant/antibacterial agent |
| <input type="checkbox"/> Disinfectant (500 mL spray) | <input type="checkbox"/> Toothbrush |
| <input type="checkbox"/> Sterile gauze | <input type="checkbox"/> Liquid toothpaste (large quantities) |
| <input type="checkbox"/> Sling | <input type="checkbox"/> Emergency toilet |
| <input type="checkbox"/> Hemostatic aid (hemostatic sheets) | <input type="checkbox"/> Toilet paper |
| <input type="checkbox"/> Bandages | |
| <input type="checkbox"/> Eye drops | |
| <input type="checkbox"/> Wet wipes | |



Other

- Plastic bags
- Lantern
- Lighter
- Writing materials (permanent marker)
- Cling wrap (large quantities)
- Blue tarp
- Tabletop stove
- Portable gas cans
- Portable power supply

